

August

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30	31	1	2	3	4	5
10:15-11:00AM	10:15-11:00AM	10:15-11:00AM	10:15-11:00AM	10:15-11:00AM	10:15-11:00AM	10:15-11:00AM
THE DAILY NEWS	THE DAILY NEWS	THE DAILY NEWS	THE DAILY NEWS	THE DAILY NEWS	THE DAILY NEWS	THE DAILY NEWS
Lounge	Lounge	Lounge	Lounge	Lounge	Lounge	Lounge
11:00-11.45am	11:00-11.45am	11:00-11.45am	11:00-11.45am	11:00-11.45am	11:00-11.45am	11:00-11.45am
SEATED DANCING TO THE SOUNDS OF Country Music	FLOWER ARRANGING	Armchair Football	CLASSICAL MUSIC AND HAND MASSAGE	Exercises to Motown	Bean Bag Bonanza	Parachute Game
dining room	dining room	dining room	LOUNGE	LOUNGE	Lounge	Lounge
1:30-2:45PM	1:30-2:45PM	1:30-2:45PM	1:30-2:45PM	1:30-2:45PM	1:30-2:45PM	1:30-2:45PM
	Guess that Sound	Bingo	Making Paper Flowers	Classical Music Talk in the Lounge	Nails and manicures	Food Quizz
dining room	dining room	Dining room	DINING ROOM	lounge	DINING ROOM	DINING ROOM
3PM-4.15PM	3PM-4.15PM	3PM-4.15PM	2-3pm	3PM-4.15PM	3PM-4.15PM	3PM-4.15PM
Famous People Quiz	Card Making	Card Games	Fitness in the Fitness room	Afternoon Film	Sea Shell Collages	Food Tasting
lounge	dining room	dining room	Fitness Room	Lounge	Dining Room	Dining Room
6pm-7.15pm	6pm-7.15pm		6pm-7.15pm	6pm-7.15pm	6pm-7.15pm	6pm-7.15pm
Food Tasting Session - Tastes of India	Afternoon Film		Leg and Feet exercises to the sounds of the 70's	Toss and Talk	Music and Chats	Drinks Quizz
dining room	lounge		dining room	Lounge	Lounge	Lounge